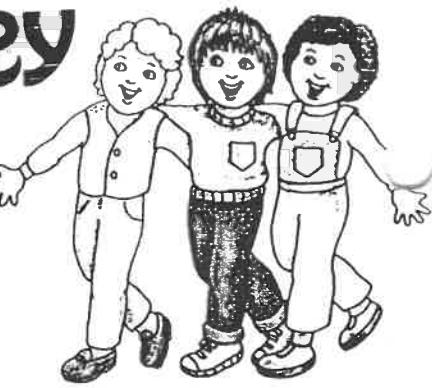


The Hokey-Pokey



Tempo di Pokey

This is a traditional children's dance, in which the instructions in the song are followed. Children usually make a circle, although the movements can be done in almost any formation. The motion for "do the Hokey-Pokey" is a hula-type hip swing with index fingers pointed upward in the air. No motion is necessary for "That's what it's all about," and a clap is given on "Hey." Or, you can clap throughout the last line.



F

1 2 1 4 4 4 1 2 1 4 4 4 2 1

You put your { right left right } foot foot hand in; You put your

mf

4 4 4 1 2 1 4 4 4 2 1

{ right left right } foot foot hand out; You put your { right left right } foot foot hand in. And you

C(7)

3 2+ 3 2+ 3 a-bout. You do the Hok-ey-Pok-ey, And you

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3 2+ 3 2+ 3 1 1 1 2 3
turn your-self a - bout. That's what it's all a -

For additional words

F

>

4 bout.

(8) Hey,

1 2 1 you put your

Last time

F

4 bout. (13) Hey!

(both hands) 8va higher

4. Hey, you put your left hand in;
You put your left hand out;
You put your left hand in,
And you shake it all about.
You do the Hokey-Pokey,
And you turn yourself about.
That's what it's all about.

5. Hey, you put your right shoulder in;
You put your right shoulder out;
Etc.

6. Hey, you put your left shoulder in;
You put your left shoulder out;
Etc.

7. Hey, you put your right hip in;
You put your right hip out;
Etc.

8. Hey, you put your left hip in;
You put your left hip out;
Etc.

9. Hey, you put your whole self in;
You put your whole self out;
Etc.

